# VIBS 413 Introductory Epidemiology

# Overview

As the interconnections among human health, domestic animal health, wildlife, and the environment are increasingly recognized in this 'one health' era, the breadth of epidemiology is deepening. Epidemiology is the study of the distribution and determinants of disease in populations and is distinguished from other medical disciplines in its focus at the population-level, and not individuallevel. Epidemiological principles guide the collection of data in the field and clinic, diagnostic laboratory protocols, statistical analyses, medical surveillance, and disease reporting. Epidemiology is the key science that guides public health policy and interventions. This course will train students to understand the concepts of epidemiology and fundamental tools used by epidemiologists, and how this field blends with other disciplines (ecology, human and veterinary clinical medicine, statistics, genetics, wildlife biology and more) to address some of society's more pressing stressors.

# Learning Outcomes

- Understand how epidemiology relates to the core functions of public health.
- Explain methods of disease transmission using appropriate terminology.
- Calculate disease occurrence using epidemiological metrics.
- Explain and calculate diagnostic/screening test accuracy and precision.
- Identify study designs and ways to correct them design and/or analysis.
- Understand the principles of causal inference and risk analysis.
- Understand health and disease in an ecological context.
- Critically review published studies in the context of bias and confounding.
- Gain experience with field and lab protocols used in epi research.
- Synthesize concepts through presentation of an outbreak investigation.

#### Spring 2013; 3 credit hours Tu/Th 12:45-2:00 Room 423 Vet Med Research Bldg (VRB).

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# Materials

**Course Website:** An E-learning website will be used for quizzes, grades, and course management.

**Required Text:** Gordis, Leon. Epidemiology, Fourth Edition. 2008. Elsevier Saunders, PA. 400 pages.

Also available as an e-book (Kindle, PDF, VitalSource, or ePub).

**Readings:** Additional course readings will be made available electronically.

## Evaluation

A total of 400 points are available:

- Mid-semester exam (100 points)
- Final exam (100 points)
- Top 10 of 12 weekly quizzes (100 points)
- Attendance and participation in class discussions, field and laboratory exercises (50 points)
- Final course project (50 points)
- A = 90 -100% B = 80 - 89%C = 70 - 79%D = 60 - 69%F = Below 60%

## Quizzes

Twelve weekly quizzes will be administered through the E-learning website to be taken outside of class. Quizzes will be posted following the Thursday lecture, and will cover topics from the Tuesday and Thursday lectures of that week. Quizzes must be completed by midnight the following Sunday. The top ten scores will be used in calculating the course grade.

## Disease Detective Course Project

Throughout the semester, students should track infectious disease emergence in human and animal populations in real time through the Program for Monitoring Emerging Diseases (ProMed) organization of the International Society of Infectious Diseases (http://www.promedmail.org/). Students may subscribe to email posts: (http://ww4.isid.org/promedmail/subscribe.php). By mid-semester, students should chose one disease outbreak to study in detail, and I will approve the topic. Historic outbreaks can also be presented. Students will develop a 10-minute presentation to deliver to the class in the final week to characterize the disease outbreak and its epidemiological investigation. A review at least three pertinent peer-reviewed publications on the disease should be included. This presentation will be an opportunity to synthesize course concepts in the context of a real-time disease outbreak.

#### Field Research Experience

To contribute to the process of standardized epidemiological data collection and gain an appreciation for population-level sampling, students will participate in ongoing wildlife epidemiology field research projects. This will occur outside of the regularly scheduled lecture time, and I will ensure that students with conflicting schedules are not penalized. Opportunities to participate will occur at least monthly (dates will be advertised) when members of my research team will trap wild rodents at local field sites for longitudinal research studies to assess patterns of tick parasitism and tick-borne pathogen infection. The minimum expected participation is for one mammal trapping experience, which will include one evening (setting traps; approximately 1.5 hours) plus one morning session (checking traps and processing animals; approximately 1.5 hours). Additional optional field activities will be available including participation in bird netting will include one morning (running mist nets; approximately 3 hours).

## Laboratory Research Experience

To better understand the laboratory equipment and methods used to measure pathogen occurrence in samples, students will participate in a demonstration in my infectious disease eco-epidemiology research laboratory on campus. Through this experience, students will gain practical skills in molecular diagnostics of fieldcollected samples from wildlife populations, and will gain a better understanding of lecture topics including assay sensitivity and specificity. This will occur during lecture period.

## 'Epi in Action' Guest Lectures

A series of guest lectures are planned in which epidemiologists will provide case studies of the ways in which they practice epidemiology. These lectures are intended to emphasize epidemiological concepts presented earlier in class and show their utility in the real world. Invited speakers will be asked to share their educational background and career path.

#### Attendance

Both the university and I view class attendance as an individual student responsibility and I expect you to attend class regularly. Your grade will be based in part by attendance and discussion participation. Make-up examinations must be scheduled ahead and will be made available for excused absences in accordance with TAMU Student Rule #7 (http://student-rules.tamu.edu/rule07).

#### ADA Policy Statement

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statue that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you believe you have a disability requiring an accommodation, please contact Disability Services, in Cain Hall, Room B118, or call 845-1637. For additional information visit http://disability.tamu.edu.

#### Academic Integrity Statement

The Texas A&M University Honor Code, based on the long-standing affirmation that "An Aggie does not lie, cheat, or steal or tolerate those who do" is fundamental to the value of the A&M learning experience and requires that Aggies will not involve themselves in any form of academic dishonesty. According to the Office of the Aggie Honor System, academic dishonesty consists of cheating, fabrication, falsification, multiple submission, plagiarism, and multiplicity. Clarification of each of actions may be found at the Aggie Honor System website at http://www.tamu.edu/aggiehonor. This list, however, is not exclusive of any other acts that may reasonably be termed academic dishonesty. The penalty for a violation of academic dishonesty in this class shall be an "F" in the course and filing of an Honor Code Violation Report with the Office of the Aggie Honor System. Less severe penalties may be imposed if the circumstances warrant

## SCHEDULE IS SUBJECT TO CHANGE

Week	Date	Topic	Quiz	Readings
1	Tu, Jan 15	The epidemiologic approach. History and the iceberg principle	1	Gordis Ch. 1
1	Th, Jan 17	Dynamics of disease transmission	_ 1	Gordis Ch. 2
2	Tu, Jan 22	Measures of disease frequency I	2	
2	Th, Jan 24	Measures of disease frequency II		Gordis Ch. 3-4
3	Tu, Jan 29	Infectious disease epidemiology I: Zoonoses	3	Rothman Ch. 6; Daszak (2000) Science 287: 443-449
3	Th, Jan 31	Infectious disease epidemiology II: Herd immunity, basic reproductive number		John and Samuel (2000) European J Epi.
4	Tu, Feb 5	Study designs I: Cohort	4	Gordis Ch. 9
4	Th, Feb 7	Study designs II: Case-control and cross sectional	_	Gordis Ch. 10, 13
5	Tu, Feb 12	Study designs III: Controlled trials	5	Gordis Ch. 7-8
5	Th, Feb 14	Diagnostic tests: sensitivity, specificity and other metrics		Gordis Ch. 5
6	Tu, Feb 19	Diagnostic tests, cont.	none	none
6	Th, Feb 21	MIDTERM EXAM		none
7	Tu, Feb 26	<b>'Epi in Action' guest lecture:</b> Dr. Christine Budke Neglected Tropical Diseases	6	Hotez (2009) Lancet; Hotez (2012) British Medical Journal
7	Th, Feb 28	<b>'Epi in Action' guest lecture</b> : Dr. Kevin Cummings Food-borne disease epidemiology		Cummings et al. (2012) Emerging Infect. Diseases
8	Tu, Mar 5	Estimating Risk: Relative risk, odds ratios, attributable risk		Gordis Ch. 11-12
8	Th, Mar 7	Association, Causation, and Biases	7	Gordis Ch. 14-15; Weaver (2010). Nature Sena et al. (2010) PLoS One
9	Tu, Mar 12			<u> </u>
9	Th, Mar 14	SPRING BREAK		
10	Tu, Mar 19	Eco-epidemiology: Natural nidality of disease, environmental determinants of disease	8	Wilson, Mark L. 2001. Ecology and Infectious Disease chapter
10	Th, Mar 21	<b>'Epi in Action' guest lecture</b> : Dr. Murugan Subbiah Environmental reservoirs of antimicrobial resistant pathogens		Subbiah et al. (2012). PLoS ONE 7(11): e48919

11	Tu, Mar 26	Molecular epidemiology		Ambrosone (1997) Molecular epi
11	Th, Mar 28	<b>Epi Lab Experience</b> : 261 VMR. Closed-toe shoes and pants required.	9	Lab protocols
12	Tu, Apr 2	Vector-borne disease epidemiology		Reisen (2002) Epi of Vector- borne diseases
12	Th, Apr 4	<b>'Epi in Action' guest lecture</b> : Dr. Gabriel Hamer Spatial epidemiology: Geographic information systems, risk models	10	Ostfeld et al. 2005. Spatial epidemiology; Kitron et al. 1998 Landscape epi
13	Tu Apr 9	New tools in epidemiology (social media, google); Career opportunities in epidemiology	11	Signorini 2011. PLoS ONE
13	Th, Apr 11	Student Presentations	-	None
14	Tu, Apr 16	Student Presentations	12	None
14	Th, Apr 18	Student Presentations	12	None
15	Tu, Apr 23	FINAL EXAM (This is <u>prior</u> to the University final exam week)		None
15	Th, Apr 25	<b>'Epi in Action' guest lecture</b> : Dr. Renata Ivanek Mathematical modeling of infectious diseases	None	None
16	Tu, Apr 30	Redefined Day (Attend Friday Classes)		
16	Th, May 2	Reading Day, No Class		